



**Special  
Olympics**  
Maine

**MICHAEL PHELPS**  
FOUNDATION

## **MICHAEL PHELPS FOUNDATION TUESDAY'S (April 6, 13, 20, 27) @ 5:30pm on Zoom**

Join the Michael Phelps Foundation staff every Tuesday in April at 5:30pm (via Zoom) as they review specific swim IM Healthy and IM Successful Lessons!

\*In preparation for each session, please review the lesson and worksheet linked below  
**Note:** You do not need to print each lesson – feel free to follow along by accessing the lesson by screen!

**APRIL 6<sup>th</sup> @ 5:30pm Zoom**

**IM Healthy [Lesson 1](#)**

**Zoom Link: <https://us02web.zoom.us/j/87433257274>**

**APRIL 13<sup>th</sup> @ 5:30pm Zoom**

**IM Successful [Lesson 1](#) & [Lesson 2](#)**

**Zoom Link: <https://us02web.zoom.us/j/88504564014>**

**APRIL 20<sup>th</sup> @ 5:30pm Zoom**

**IM Healthy [Lesson 3](#)**

**Zoom Link: <https://us02web.zoom.us/j/87687738819>**

**APRIL 27<sup>th</sup> @ 5:30pm Zoom**

**IM Successful [Lesson 3](#)**

**Zoom Link: <https://us02web.zoom.us/j/89499832364>**