



Special Olympics
Maine

2022 Summer Games
Saturday Schedule
June 11th

Events will continue during lunch. Please pick up lunch when you have free time between 11:30am-12:30pm. Only Coaches & Athletes may pick a lunch at Athlete/Coach Tent located just inside the visitor side entrance of the Track.

Athletes should report to the staging tent 15 minutes prior to scheduled event!

	15 + Under	16-21	22-29	30 & Over	Wheelchair / 10M Walk / 25 M Walk /Category 1
10:00 - 11:00	Standing Long Jump/ Running Long Jump	Softball Throw / Shotput	100M Walk (V)	100M Dash (H)	
10:15 - 11:00					ALL WC Races (25M / 30M) (V)
10:30 - 11:30	Mile Walk				25M Walk (V)
11:00 - 12:00		100M Dash (H)	Softball Throw / Shotput	Standing Long Jump/ Running Long Jump	10M Assisted Walk (V)
11:45 - 12:00	100M Walk (V)				
12:00 - 12:30	50M Run (V)	50M Run (V)	200M Run (H)	200M Run (H)	Category 1 Softball Throw
12:30 - 1:00	200M Run (H)	200M Run(H)	50M Run (V)	50M Run (V)	
1:00 - 1:30	400M Run	400M Run	400M Run	400M Run	
1:30 - 2:30	Softball Throw / Shotput	Standing Long Jump/ Running Long Jump	100M Dash (H)	100M Walk (V)	
2:00 - 2:30	800M Run	800M Run	800M Run	800M Run	
2:30 - 3:00	4x100 Relays	4x100 Relays	4x100 Relays	4x100 Relays	
3:00 - 4:00	100M Dash (H)	100M Walk (V)	Standing Long Jump/ Running Long Jump	Softball Throw / Shotput	
4:00	Mile Run				